

## Consent form for zepbound

### Tirzepatide Consent Form

#### Patient Information:

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Medication: Tirzepatide (Brand Name: Mounjaro)

Tirzepatide is a medication used primarily for the management of type 2 diabetes and may also be prescribed for weight management in certain individuals. It works by improving insulin sensitivity, reducing blood sugar levels, and decreasing appetite. The medication is administered as a subcutaneous injection.

#### Purpose of Treatment:

The purpose of prescribing Tirzepatide is to:

1. Manage blood glucose levels in type 2 diabetes.
2. Assist in weight loss when prescribed for overweight or obese patients, in conjunction with a reduced-calorie diet and increased physical activity.

#### Possible Benefits:

- Improved blood sugar control in type 2 diabetes.
- Potential weight loss as part of a broader treatment plan for obesity or weight management.
- Enhanced insulin sensitivity.

#### Possible Risks and Side Effects:

While Tirzepatide can be beneficial, there are potential risks and side effects. Common side effects may include:

- Nausea, vomiting, diarrhea, or constipation
- Decreased appetite
- Headache

- Fatigue
- Injection site reactions (pain, redness, or swelling)
- Risk of low blood sugar (hypoglycemia), especially when combined with other diabetes medications
- Risk of pancreatitis (inflammation of the pancreas), though rare
- Possible kidney problems
- Increased heart rate or cardiovascular effects (in some cases)

It is important to monitor your health while on this medication and notify your healthcare provider of any unusual symptoms or side effects.

Contraindications:

Tirzepatide may not be suitable for individuals with:

- A history of hypersensitivity or allergic reactions to Tirzepatide or any of its components.
- Type 1 diabetes or diabetic ketoacidosis.
- Severe gastrointestinal disease.
- A personal or family history of medullary thyroid cancer or Multiple Endocrine Neoplasia syndrome type 2.

Treatment Procedure:

- Tirzepatide is administered as a once-weekly subcutaneous injection, usually in the thigh, abdomen, or upper arm.
- Your healthcare provider will show you how to administer the injection, or it may be administered in a clinic or medical facility.
- Dosage and frequency will be determined based on your medical condition and response to the medication.

Alternatives:

Alternatives to Tirzepatide include other diabetes medications, such as metformin, sulfonylureas, or insulin therapy, as well as lifestyle changes (diet and exercise) to manage type 2 diabetes or weight.

Consent to Treatment:

I acknowledge that I have been informed about Tirzepatide, including its intended use, possible side effects, and potential risks. I understand that this medication is being prescribed for managing type 2 diabetes or weight management under the guidance of my healthcare provider.

I understand the importance of following the prescribed treatment plan, including diet and exercise recommendations, and that I should report any unusual symptoms or side effects to my healthcare provider immediately.

I have been informed of the possible side effects, and I consent to the use of Tirzepatide for my treatment. I understand that my healthcare provider will monitor my progress and make adjustments to my treatment as needed.

By signing below, I confirm that I have read this consent form, had the opportunity to ask questions, and agree to the use of Tirzepatide as part of my treatment plan.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Healthcare Provider's Name: \_\_\_\_\_

Healthcare Provider's Signature: \_\_\_\_\_ Date: \_\_\_\_\_